

SOUTH PARK ELEMENTARY CENTER LUNCH MENU

APRIL 2024

What Makes A Meal?

A student must take 3 of the 5 components to make a meal under the National School Lunch Program.

1. Grains
2. Vegetables
3. Fruits
4. Dairy
5. Meat/Protein Alternative

A student must take a fruit or a vegetable.

Meal Prices

SPEC Lunch Price \$2.45
Reduced-Price Lunch \$.40

Free & reduced-price meal applications available on sparksd.org

Reminders

Peanut Butter & Jelly Sandwich
Very Limited

A la carte items are not included with free or reduced-price meals.

Daily Milk Choices

Fat Free White
Fat Free Chocolate
Fat Free Strawberry
Low Fat White

Mr. Brandon Smoker
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
NO SCHOOL	Dino Chicken Nuggets PB & J	Walking Taco PB & J	Hot Dogs PB & J	Cheese Pizza PB & J
	Potato Smiles Cucumber Slices	Salsa, Lettuce Baby Carrots	Tater Tots Fresh Broccoli	Cherry Tomatoes Side Salad
	Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk
8	9	10	11	12
<i>Early Dismissal Pre-Order</i> PB & J	Ham/Cheeseburger PB & J	Dino Chicken Nuggets PB & J	Nachos Grande PB & J	Max Pizza Sticks PB & J
Chips Bagged Carrots	French Fries Red Pepper Strips	Corn Bagged Carrots	Lettuce, Salsa Beans	Cherry Tomatoes Side Salad
Fruit Choice of Milk	Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk
15	16	17	18	19
Grilled Cheese w/Crackers PB & J	Chicken Patty Sandwich PB & J	Macaroni & Cheese PB & J	Mini Corn Dogs PB & J	Pizza PB & J
Tomato Soup Baked Beans	French Fries Red Pepper Strips	Fresh Broccoli Bagged Carrots	Cucumber Slices Corn	Side Salad
Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk
22	23	24	25	26
Waffles/Sausage PB & J	NO SCHOOL	Jumbo Pretzel w/ cheese PB & J	Cheese Quesadilla Chips w/ Salsa	Max Pizza Sticks PB & J
Hashbrowns Bagged Carrots		Celery Sticks Yogurt	Black Beans Corn	Cherry Tomatoes Side Salad
Choice of Fruit Choice of Milk		Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk
29	30			
Hot Dogs PB & J	Popcorn Chicken PB & J			
Baked Beans Chips	Tater Tots Steamed Corn			
Choice of Fruit Choice of Milk	Choice of Fruit Choice of Milk			